



Keep toasty warm with this easy-to-knit Twisty Cowl. Directions are given to make the scarf either flat or in the round. You choose the method that you enjoy the most!



hand needle to indicate beginning of round, insert the right hand point into the first turned stitch and knit away. The twist is made!

Twist in Rows

Complete the scarf then lay it on a flat surface right side up. Turn one end of the scarf all the way around - 360 degrees - and seam the ends together from this position.

DIRECTIONS

The scarf can be made in the round by making the twist before joining, eliminating a later seam, or it can be made flat with the twist made before a final finishing seam. See Special Techniques for twist instructions.

CO 64 sts.

To Work in Rounds

Twist cast-on as described above.

Rnds 1 - 4: Knit.

Rnds 5 - 8: Purl.

Repeat Rnds 1 - 8 one more time, then work Rnds 1 - 4 once more.

BO loosely.

To Work in Rows

Rows 1 and 3 (RS): Knit.

Rows 2 and 4: Purl.

Rows 5 and 7: Purl.

Rows 6 and 8: Knit.

Repeat Rows 1 - 8 one more time, then work Rows 1 - 4 once more.

BO loosely. Twist cowl as described above, and sew seam.

FINISHING

Weave in ends.

ABBREVIATIONS

BO-bind off; CO-cast on; rep-repeat; rnd(s)-round(s); RS-Right Side; st(s)-stitch(es)

SIZE

One size, approximately 28" (71 mm) in circumference

MATERIALS

- #6 super bulky weight yarn: we used Lion Brand® Hometown USA® (100% acrylic), 5 oz (140 g), 81 yd (74 m) - 1 ball #172 Oklahoma City Green
- Boye® 29" (73.6 cm) circular knitting needles US size 13 (9 mm), or size needed to obtain gauge
- Stitch marker
- Boye® hand sewing tapestry needle

GAUGE

9 sts = 4" (10 cm) in stockinette st; row gauge is not critical for this project. To save time, take time to check gauge.

SPECIAL TECHNIQUES

Twist in the Round

If working in the round, make the twist before joining as follows:

Lay the needle on a flat surface with the cast on stitches lying along the inside of the needle. With your left thumb and forefinger, hold the first cast on stitch on the left needle and turn it clockwise all the way around the needle: 360 degrees. Place a stitch marker on the right



BEGINNER