



### ABBREVIATIONS

BO—bind off; cm—centimeters; CO—cast on;  
g—gram(s); m—meters; oz—ounce(s);  
st(s)—stitch(es); yd(s)—yard(s)

### FINISHED MEASUREMENTS

12" x 12" [30.5 cm x 30.5 cm]

### MATERIALS

- **#6 super bulky weight yarn:** Lion Brand Heartland Thick and Quick (100 % Acrylic, 5oz [142 g], 125 yd [114 m])  
2 skeins color Acadia #098
- Boye® size US 13 [9mm] needles
- Yarn needle
- 12" [30.5 cm] square pillow form

### GAUGE

8 sts and 12 rows = 4" [10 cm] in stockinette stitch.  
Take time to check gauge.

### DIRECTIONS

#### PILLOW (MAKE 2)

CO 25 sts.

Work 36 rows in stockinette stitch  
(knit one row, purl one row).

BO all sts, leaving long tail for sewing.

#### SPIRAL APPLIQUÉ ROPE

Loosely CO 120 sts.

BO all sts, leaving 36" [91.5 cm] tail for sewing to pillow.

Thread yarn tail through yarn needle and secure end of rope to center of pillow front. Turning pillow in small increments, continue to sew spiral to pillow as follows: sew down through center of rope and then through pillow top, then back up through center of rope 1/4" [.5 cm] away from previous stitch. Continue to turn pillow in small increments as you repeat each 1/4" [.5 cm] stitch until the rope has become a spiral appliqué on pillow top.

Secure end and fasten off. Weave in ends.

### FINISHING

With right sides facing, sew three sides of front and back together using yarn tail. Turn pillow right side out and insert pillow form. Sew remaining side closed.

Fasten off and weave in ends.